

The American College Health Association's

National College Health Assessment

Is Coming to Cal State LA!



WHEN?

November 2018

What is the National College Health Assessment?

The National College Health Assessment (NCHA) is a confidential online survey designed to assess student health behaviors.

The goals of this CSU system-wide administration are to obtain important information (aggregate, not individual) to: ① help us better understand student health; and ② allow the CSU Office of the Chancellor to assess system-wide student outcomes.

Questions?

Questions regarding the NCHA may be directed to:

Joanna Gaspar, MS, MPH, Senior Health Educator,
Cal State LA Student Health Center
323.343.3341 | jgaspar@calstatela.edu
www.calstatela.edu/studenthealthcenter/ncha

Quick Facts

WHO?



7,000 randomly selected Cal State LA students.

*You must be 18+ years old to participate.

HOW?



Email invitation sent to your Cal State LA email account.

TIME?



The NCHA typically takes 20-30 minutes to complete.

THANK YOU

All students who submit a survey by the submission deadline will be automatically entered in a random drawing for campus bookstore gift cards.

A total of 12 gift cards will be awarded:

- Two \$100
- Two \$50
- Eight \$25